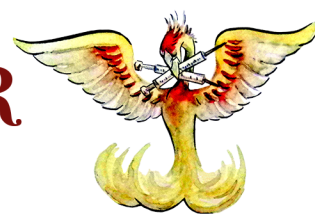


ONLINE RESOURCES FOR DIABETES & MENTAL HEALTH



WEBSITES

BEHAVIORAL DIABETES INSTITUTE: WWW.BEHAVIORALDIABETES.ORG

BEYOND TYPE I: WWW.BEYONDTYPEI.ORG/MENTAL-HEALTH/

COLLEGE DIABETES NETWORK: WWW.COLLEGEDIABETESNETWORK.ORG/RESOURCE-HUB

DIABULIMIA HELPLINE: WWW.DIABULIMIAHELPLINE.ORG/GENERAL-MENTAL-HEALTH.HTML

CENTER FOR DIABETES & MENTAL HEALTH: WWW.CDMH.ORG

DIABETESSISTERS: WWW.DIABETESSISTERS.ORG/EMOTIONAL-WELL-BEING

MHA: WWW.MENTALHEALTHAMERICA.NET/CONDITIONS/DIABETES-AND-MENTAL-HEALTH

BLOGS

THERE'S MORE TO THE STORY:

DIABETOGENIC: WWW.DIABETOGENIC.WORDPRESS.COM

SIX UNTIL ME: WWW.SIXUNTILME.COM/WP/

DIABETESALICIOUSNESS: [HTTPS://DIABETESALICIOUSNESS.BLOGSPOT.COM](https://diabetesaliciousness.blogspot.com)

ADA: [HTTP://WWW.DIABETES.ORG/LIVING-WITH-DIABETES/COMPLICATIONS/MENTAL-HEALTH](http://WWW.DIABETES.ORG/LIVING-WITH-DIABETES/COMPLICATIONS/MENTAL-HEALTH)

INSTAGRAM HANDLES TO FOLLOW

@BODYPOSBETES

@DIABULIMIAHELPLINE

@COLLEGEDIABETES

@PARDONMYPANCREAS

@BEYONDTYPE1DAILY

@ALI.ABDLKAREEM

@OFFICIALCARRIELANE

@THEDIABETICJOURNEY

@THEDIABETICTHERAPIST

@EHMICHELLE

@TIDCHICK

@ALLISONMAREK

ONLINE SUPPORT GROUPS

TUDIABETES: WWW.FORUM.TUDIABETES.ORG/C/MENTAL-AND-EMOTIONAL-WELLNESS

FACEBOOK GROUP: [HTTPS://WWW.FACEBOOK.COM/GROUPS/MENTALWELLNESSANDTYPE1/](https://www.facebook.com/groups/MentalWellnessandType1/)

FACEBOOK (WOMEN ONLY): [HTTPS://WWW.FACEBOOK.COM/GROUPS/449846212245764/](https://www.facebook.com/groups/449846212245764/)