RESOURCES FOR RECOGNIZING AND TREATING DIABULIMIA / ED-DMT1

ARTICLES


VIDEOS
Diabulimia: A First-Person Account
https://www.youtube.com/watch?v=fmtr4g_VopU

Diabulimia: The World’s Most Dangerous Eating Disorder
https://www.youtube.com/watch?v=tSLjM6cZaTo

Eating Disorders and Diabetes: Diabulimia and Beyond
http://www.youtube.com/watch?v=Ztsdc7PejY

BOOKS
For Everyone: Prevention & Recovery from Eating Disorders in T1 Diabetes: Injecting Hope, Dr. Ann Goebel-Fabbri

For Professionals: Diabulimia: Towards Understanding, Recognition and Healing, Dr. Aarti Esther Sharma

For Patients: Needles: A Memoir of Growing Up with Diabetes, Andie Dominick

For Family & Friends: Diabulimia: Diabetes + Eating Disorders; What It Is and How to Treat It, Grace Shih

ONLINE SUPPORT GROUPS
Diabulimia Awareness – www.facebook.com/groups/DiabulimiaSupport/

Diabulimia Family & Friends - http://www.facebook.com/#!/groups/diabulimia.friends.family/

Type 2 Diabetes & Eating Disorders - https://www.facebook.com/groups/T2DandDisorderedEating/

WEBSITES
Diabulimia Helpline  www.diabulimiahelpline.org

Diabetics with Eating Disorders  www.dwed.org.uk

Behavioral Diabetes Institute  www.behavioraldiabetesinstitute.org

Beyond Type 1  www.beyondtype1.org/mental-health/

Beyond Type 2  www.beyondtype2.org/mental-health/

National Eating Disorder Association  www.nationaleatingdisorders.org

INSTAGRAM ACCOUNTS
@t1doubleampersand (Erin M. Akers)
@bodyposibetes (Georgie Peters)
@thediabetespsychologist (Mark Heyman)
@theintuitivediabetic (Lindsay Sarson)
@gofeedyourself (Lauren Newman)