

RESOURCES FOR RECOGNIZING AND TREATING DIABULIMIA / ED-DMT1

ARTICLES

“Outpatient Management of Eating Disorders in Type 1 Diabetes”, Ann Goebel-Fabbri, et.al, Diabetes Spectrum, 22:3 147-152, 2009.

“The Diabetes Educator’s Role in Managing Eating Disorders and Diabetes”, Patti Urbanski, et. al, Diabetes Spectrum, 22:3 159-162, 2009.

“Eating Disorders in Girls and Women with Type 1 Diabetes: A Longitudinal Study of Prevalence, Onset, Remission and Recurrence” Patricia A. Colton, et. al. Diabetes Care. 2015; 38(7):1212-1217.

VIDEOS

Eating Disorders and Diabetes: Diabulimia and Beyond

<http://www.youtube.com/watch?v=Ztsdc7PejJY>

BOOKS

For Everyone: Injecting Hope: Prevention and Recovery from Eating Disorders in Type 1 Diabetes, Dr. Ann Goebel-Fabbri

For Professionals: Diabulimia: Towards Understanding, Recognition and Healing, Aarti Esther Sharma

For Patients: Needles: A Memoir of Growing Up with Diabetes, Andie Dominick

For Family & Friends: Diabulimia: Diabetes + Eating Disorders; What It Is and How to Treat It, Grace Shih

ONLINE SUPPORT GROUPS

Diabulimia Awareness – for those struggling, www.facebook.com/groups/DiabulimiaSupport/

Diabulimia Family & Friends - <http://www.facebook.com/#!/groups/diabulimia.friends.family/>

ASSESSMENT TOOLS

Screen for Early Eating Disorder Signs (SEEDS), Park Nicollet International Diabetes Center, St. Louis Park, MN Powers, MA, et al, “Development and Validation of SEEDS in T1D,” J Treatment & Prevention, Oct 2015, 24:3, 271-288

Diabetes Eating Problem Survey (DEPS and DEPS-R), Joslin Diabetes Center, Boston, MA Markowitz, J, et al, “Brief Screening Tool for Disordered Eating in Diabetes,” Diabetes Care, Mar 2010, 33:3, 495-500.

AMA COURSE

EPoCH CME: Screening and Managing Eating Disorders in Primary Practice

It provides a basic diagnostic overview of the range of eating disorders, reviews the screening and referral process and briefly describes the role of the physician.

WEBSITES

Diabulimia Helpline www.diabulimiahelpline.org

Diabetics with Eating Disorders www.dwed.org.uk

We are Diabetes www.wearediabetes.org

Diabetes and Eating Disorders Awareness www.deda.org.nz



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